

## SAR ESSENTIALS BASIC SEARCHER / TEAM LEAD



Version 1.0 Nov. 2020

## **SHELTER / WARMTH - SITUATIONAL / SELF**

#### □ TARP - Suggestions

- 8x10 or 10x10 best for group shelter and hypo wraps
- o Traditional "blue" tarps
- o SilNylon or Nylon Tarps
- "Emergency Tarps" with one silver side (usually smaller)

#### □ BIVY SAC

- Medical use: Silver BIVY for Hypo Wraps
- o Personal Use: Breathable material

#### □ GROUND INSULATION

- Inflatable Pad (consider material durability & size)
- Foam Pad (consider packability)

#### □ SILVER BLANKETS

- o 1-2 for self and/or situation
- D PONCHO
  - Some can be used as small tarps as well
  - Small plastic poncho for emergency rain cover / multi purpose
- SLEEPING BAG OR BLANKET

#### **FIRE**

- □ IGNITOR (consider multiple items)
  - o Waterproof matches
  - o Lighter
  - o Flint / steel
- □ FIRE STARTER Fuel

#### <u>SIGNAL</u>

- □ Whistle
- □ Glow Sticks
- □ Flares
- □ Mirror or reflective item

## WATER & FOOD

- □ 2L +/- for SAR missions
- □ Spare bottled water for subject/team
- □ Nalgene
- □ Thermos Hot Water (in cold weather)
- □ Water Filtration or Purification tabs
- □ Metal Cup or small pot
- Jetboil / Emergency Stove
- □ High Energy Snacks (eatable if frozen)
  - Always pack your own food/meals for searches
  - Need to be easy to make/consume

## <u>TOOLS</u>

- □ Flagging Tape
- □ Notebook & Pen
- □ Knife
- □ Folding Saw
- □ Multi-Purpose Tool
- □ Paracord / Rope
- □ Zip ties
- □ Repair Kit tape, safety pins, etc
- □ Zip Lock bags &/or Garbage Bags
- □ Power bank for cells/lights

#### <u>LIGHT</u>

- □ Headlamp (with red light, min 500Lumens)
- □ Flashlight
- □ Extra batteries / Power source

## **NAVIGATION**

- □ GPS (own or team issued)
- □ MAPS (paper or digital downloaded)
- □ Compass

Saskatoon Search and Rescue has provided this list as a reference for the volunteer searchers to use when preparing their personal packs. This list allows all team members to reasonably assume that each teammate has a set standard of contents within their kits allowing for better planning in an emergency scenario. The other recommendations on this list are not exhaustive therefore each individual should account for their own personal needs, level of training, fitness, and budget when preparing their own packs. It is each volunteer's responsibility to ensure that their pack is search ready for each mission and training exercise.



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## COMMUNICATION

- □ Cell Phone (charged)
  - Cell phone charging cable
  - Power bank
- □ RADIO (team issued)
  - Spare battery if available
- □ InREACH (SSAR issued or own)

## **SAFETY**

- Glasses
- □ Walking Poles
- □ Work Gloves (leather or other)
- □ Foot Grips for icy surfaces
- Boot Gaitors
- □ Sunscreen
- Bug Spray / Bug Net
- □ First Aid Kit (see separate list)

## **OPTIONAL / TASK SPECIFIC GEAR**

- □ Binoculars / Monocular
- □ Knee Pads
- Personal Helmet (climbing helmet)
- Personal Inflatable PFD
- □ Personal Throw Bag
- Bear Spray
- Bear Bangers
- □ Webbing
- □ Carabiners
- □ Wire Cutters (team)
- Emergency Flashing Beacons

## PERSONAL CLOTHING ADDITIONS

- □ Extra Emergency Base-layers
- □ Extra Mitts &/or Gloves
- □ Spare Toque
- □ Spare Socks (differing layers)
- □ Extra Insulation layer (s)
- □ Emergency Shell Layers
- □ Hat / Sunhat

## <u>HYGIENE</u>

- □ Toilet paper / Kleenex
- □ Hand sanitizer
- Wilderness Soap
- □ Feminine products

Leave no trace! Please pack out what you take in.

## **ADDITIONAL ITEMS**

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